



Caritas Care's Big Lottery funded **Bridging the Gap Project** facilitates a home visiting service which offers information, support and assistance in the use and maintenance of hearing aids and other equipment. To enhance access to this service we run monthly outreach clinics or 'drop in centres'. We currently offer local services in seventeen of the more remote parts of Cumbria. The Bridging the Gap project workers, supported by volunteers, are based in Carlisle, Warwick on Eden, Barrow-in-Furness and Preston.

For more information, please contact:

Hugh Stirling
Email: hughstirling@caritascare.org.uk
Tel: 01228 562691
Unit E
Moorhouse Courtyard
Warwick on Eden
Carlisle
CA4 8PA

If you have difficulty with your hearing aid or find it hard to hear speech on the telephone or TV we can offer support and advice such as:

- exchange batteries for NHS hearing aids
- re-tube, check and clean NHS hearing aids
- offer advice on specialist equipment to aid hearing eg amplified telephones, loop systems, door bells, etc

We aim to offer a monthly service across Cumbria and Lancashire so why not come along to one of our services near you:

Alston 10am - 12noon 2nd Tuesday of the month

Cottage Hospital
The Bungalow
Alston CA9 3QX

Appleby 1pm - 3.30pm 1st Thursday of each month

Appleby Health Centre
The Riverside Building
Chapel Street
Appleby CA16 6QR



Caritas Care Limited
218 Tulketh Road, Ashton on Ribble, PRESTON PR2 1ES
T 01772 732313 F 01772 768726 E info@caritascare.org.uk W www.caritascare.org.uk
Company Registration 1596400 Charity No. 326021



INVESTOR IN PEOPLE

Askam 10.15am -11.30am Last Thursday of each month

(Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

Rankin Hall
Duke Street
Askam-in-Furness LA16 7AE

Blackpool 10am – 11am Every Wednesday

Blackpool Centre for Independent Living
259 Whitegate Drive
BLACKPOOL FY3 9JL

Brampton 9.30am – 12 noon 1st Friday of the month

Brampton War Memorial Hospital
Tree Road
Brampton CA8 1TX

Carlisle HEAR Centre Opening times vary - please call 01228 547561 for details

Usual opening times: Tuesday & Wednesday 10am – 12.30pm and Thursday 10am – 3pm

Chapel Court
Cecil Street
Carlisle CA1 1NT

Cockermouth 10.00am – 12 noon 1st Wednesday of the month

United Reformed Church
Main Street
Cockermouth CA13 9LU



Coniston 10.30 – 11.30am 1st Wednesday of the month

(Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

The Village Institute
13 Yewdale Road
Coniston LA21 8DU

Egremont 10am - 12noon 2nd Wednesday of the month

St Mary's Church Centre
St Bridgets Lane
Egremont CA22 2BD

Kendal 10am – 12noon 3rd Thursday of the month

(Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

The Town Hall
Highgate
Kendal LA9 4DL

Keswick 9am - 12 noon 2nd Wednesday of the month

Keswick Hospital
Crosthwaite Road
Keswick CA12 5PH

Kirkby Lonsdale 10.30am – 12noon 3rd Wednesday of the month

(Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

The Lunesdale Surgery
Wellington Court
Kirkby Lonsdale
Carnforth LA6 2HQ



Kirkby Stephen 10am – 12noon 3rd Tuesday of the month

(Please note new venue from 21 June 2011)

Kirkby Stephen Local Links (the Old Grammar School)
Vicarage Lane
Kirkby Stephen CA17 4QX

Maryport 1pm – 3pm 3rd Monday of the month

Health Centre
Alneburgh House
Ewanrigg Road
Maryport CA15 8EL

Millom 1.30pm – 2.30pm Followed by free lip reading class 2.30pm - 3.30pm

3rd Tuesday of the month (Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

The Bradbury Centre
St George's Road
Millom LA18 4JE

Milnthorpe 2pm – 3.30pm 1st Tuesday of the month

(Dates for July 2011 onwards to be confirmed. Please check nearer the time.)

Park View Surgery
Haverflatts Lane
Milnthorpe LA7

Whitehaven 9.30am – 12.00pm 2nd Friday of the month

United Reformed Church
Market Place
James Street
Whitehaven CA28 7HZ



Wigton 10am – 12noon

4th Friday of the month

Local Links Office
Community Office
Market Hall
Church Street
Wigton CA7 9AA

Workington 9.30am – 12noon

4th Tuesday of the month

Community Hospital
Rehabilitation Dept
Park Lane
Workington CA14 2RR



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