



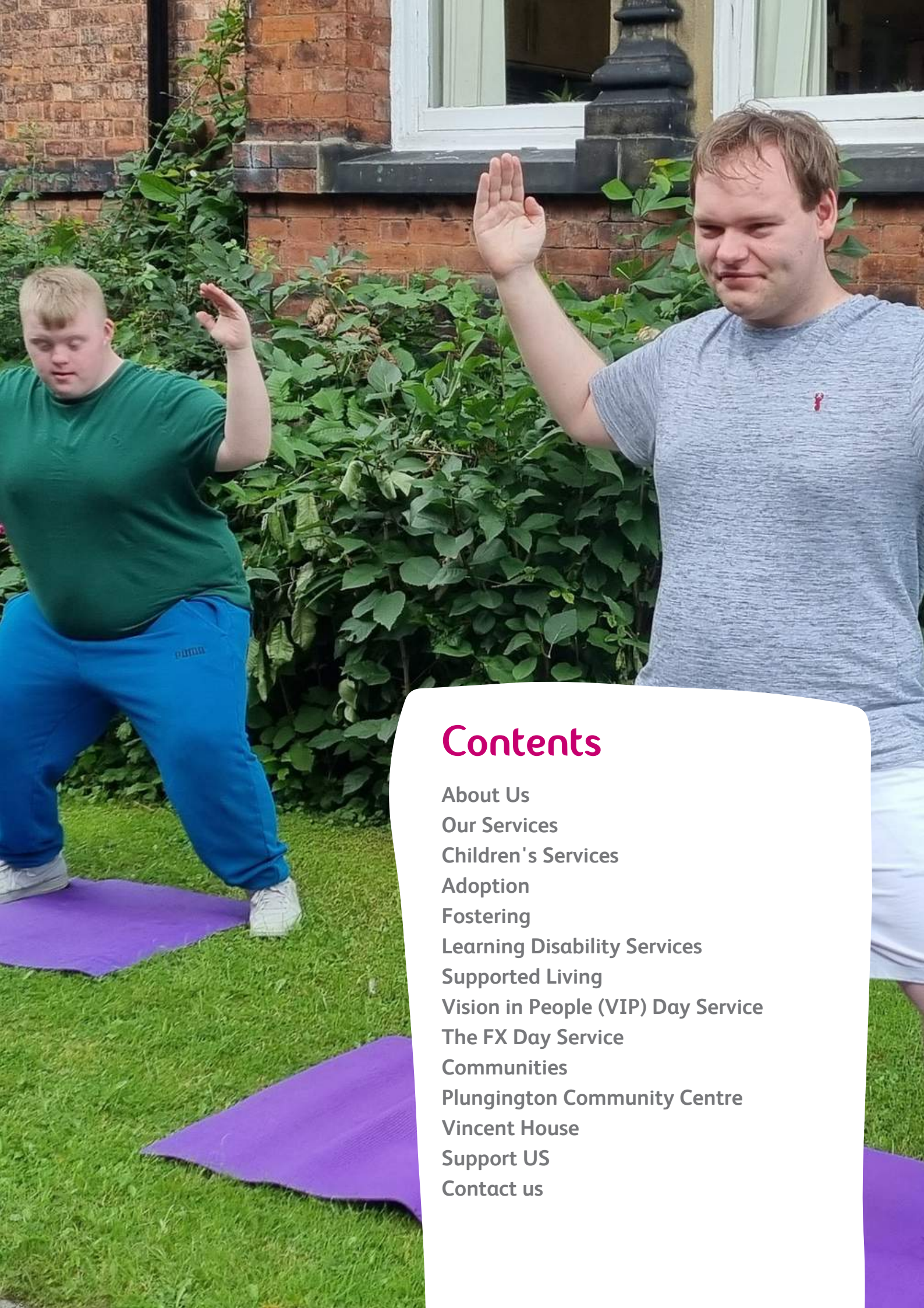
**CaritasCare**

*Making lives better*

# Welcome to Caritas Care







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# About Us

**At Caritas Care our vision is that all children, families and communities have chances, choices and opportunities to live the best lives they can.**

We're about giving people from all walks of life hope and we make sure that we're there to help them through any barriers they may face.

That is why the services and projects are dedicated to making a positive difference to the lives of all children, families and communities. We support people in building the lives that they want and we believe that everyone has the right to be able to reach their goals and aspirations, no matter what their background may be.

Our Mission is to respond positively to the changing needs of our communities with projects and services that give better life chances to people of all ages.

## Our Services

### Adoption

Providing a full range of adoption services across the Northwest, our independent specialist adoption services have been finding families for children and helping adopters on their journeys to becoming parents since 1934. We believe that all children deserve a loving family and that all adopters should be supported at every stage of the adoption process.

**Rated OUTSTANDING by Ofsted in 2014, 2017\* and 2021\***

**\*Outstanding in ALL areas.**

### Fostering

Foster carers do such an important job caring for children of all ages who can't live with their birth families for many different reasons, whether for just a short time, for a big part of their childhood or even permanently. We believe that all children deserve the opportunity to experience life in a loving family and that all children and foster carers should be supported at every stage of their fostering journey.

**Rated GOOD by Ofsted.**

### Learning Disability Services

We've supported many people with Learning Disabilities of all ages and help them through a range of high quality services, to lead more satisfying, healthy and fulfilled lives. We've got a great team of passionate, committed people delivering these services across Lancashire and we're proud of what they achieve. They focus on the individual and work with people with learning and physical disabilities of all ages and all levels of need.

### Community Support Services

Caritas Care has a great reputation for making a sustainable difference in local communities through a range of relevant and valued projects. Our projects, activities and services help people of all ages in the community, including homelessness and a thriving community centre based in the Plungington area of Preston.



# Children's Services

## Adoption

### Providing a full range of adoption services across the Northwest.

Our independent specialist adoption services have been finding families for children and helping adopters on their journeys to becoming parents since 1934.

We believe that all children deserve a loving family and that all adopters should be supported at every stage of the adoption process.

We understand that everyone is different and that adoption is a life-changing decision, which is why we have developed a full range of adoption support services and optional routes to give the best prospects and stability for family life together including:

Seamless support throughout the adoption process and beyond

Specialist adoption support and therapeutic services

Training and Support groups

Early permanence project for very young children

Information and advice

Family finding for siblings and older children

Skilled and experienced staff team

Becoming an adoptive parent can be one of the most rewarding experiences, giving hope to a child and the prospect of a brighter, happier future for the whole family. We would be delighted to support you along the way.

“

**The agency values diversity,  
and there is no discrimination  
in relation to sexuality, ethnicity,  
marital status or religion.  
Prospective adopters value this.**

”

Ofsted





## Fostering

### Providing a full range of fostering services across the North West

Foster carers do such an important job caring for children of all ages who can't live with their birth families for many different reasons, whether for just a short time, for a big part of their childhood or even permanently. We believe that all children deserve the opportunity to experience life in a loving family and that all children and foster carers should be supported at every stage of their fostering journey.

Our foster care service provides a full support programme including:

Seamless support throughout the fostering process and beyond

Specialist advice and information

Skilled and experienced staff team

Full training and support programme

Children's groups

Education support service

Financial support

Therapeutic services

Foster carers come from all walks of life. There isn't an ideal age, ethnicity, or relationship status. Each foster carer is unique, as is every child who needs a foster family. The one thing they all share is a desire to make a positive difference for a child (or children) who need a caring home.

“

If I didn't foster my life wouldn't feel normal. Foster is fun, enjoyable and 'amazing'.

I have had many people asking me

"Why do you foster?" I say,

"because it is fun and I love it!"

”

Foster Family





Learning  
Disabilities



# Learning Disability Services

Making a real difference to the day to day lives of people and families living with a disability.

## Supported Living Services

A service supporting people with learning disabilities and complex needs to live in their own homes and communities across Lancashire.

Our Supported Living Service helps people with learning disabilities to live independently in their own home.

We believe that people with learning disabilities should have the choice of where they live and the opportunity to grow in confidence and learn the necessary skills to take control of their own lives.

We work to help this happen by:

Allowing people to grow in confidence and encouraging them to reach their potential

Empowering people to take control of their lives

Helping people to live independently and to make their own decisions

Developing people's skills and creating new opportunities

Promoting health and wellbeing

Supporting people to access facilities within the community

Support available from 1 hour to 24 hours a day

Making friends and trusting relationships brings a sense of community and contributes to the emotional wellbeing of everyone. Creating long lasting and happy memories to all who use our services is really important to us...above all we want to share smiles and laughter and know that we are making lives better for everyone we support.

“

My daughter certainly has some wonderful carers who are dedicated and devoted to her needs.

”

Parent





# Learning Disability Services

## Vision in People (VIP)

### A day service for people with learning disabilities in Lancashire.

Our VIP service is based in Preston and offers a wide range of fun, stimulating activities and learning opportunities to people with learning disabilities.

We believe that people with learning disabilities should be able to flourish, gain confidence, make friends and reach their potential.

Set in large and pleasant grounds, our service helps to make this happen by providing a fully accessible, safe and caring environment which:

**Offers a varied range of learning, leisure and social activities**

**Provides a person centred, tailored approach**

**Develops independence skills and self-confidence**

**Encourages self-expression, for example, through drama and dance**

**Provides a stimulating and friendly environment**

**Offers a range of workshops and educational activities**

**Gives support with personal relationships and friendships**

Our VIPs take part in planned off-site visits to places of interest that expand their knowledge and skills, including volunteering and work experience opportunities. Importantly, having fun and enjoying each day is built in!

“

**Since our daughter has been attending VIP, she has become more independent, made new friends and interacts with other young adults. Her confidence has improved so much.**

”

Parent



# Learning Disability Services

## The FX Service

**A day service for people with profound and multiple learning disabilities in Lancashire**

Our FX service, based in Preston, offers a wide range of fun, stimulating activities for people with profound learning disabilities.

We believe that people with profound and multiple disabilities should have opportunities to enjoy stimulating and fun activities, and that their health needs however complex, should not be a barrier to having new and exciting experiences.

Set in the heart of the city, our project helps to make this happen by providing a fully accessible, safe and caring environment which offers:

**Medical support from a full time nurse**

**Creative ways to enhance communication**

**A personalised individual approach**

**Accessible mini buses for outings and day trips**

**Modern accessible equipment and facilities**

**A varied range of community, leisure and social activities**

**Dance, sensory drama, art and music to encourage self-expression**

Working closely with service users and their families, social care and health professionals, we respond to the needs of every person who comes to us, whatever their disability. Importantly, having fun and enjoying each day is built in.

“

**When our daughter was given a place at The FX, the opportunities, experiences and fun started. She absolutely loves her days - the activities, going out with her friends and having little naps in her bed**

”

Parent







| Communities

## Plungington Community Centre

### Providing a range of activities and entertainment for people of all ages.

Plungington Community Centre is set in the University Quarter of Preston just outside the city centre. The former school building is a central hub providing a range of activities and entertainment for people of all ages.

We believe that everyone in the community should have local access to affordable activities that improve health and wellbeing and reduce social isolation.

The centre has a large hall, including a stage, and a number of smaller rooms, all available for hire by community groups.

We are working with a variety of local groups who provide a range of support and activities including:

#### Sports and leisure activities

#### Dancing

#### Arts & craft fairs

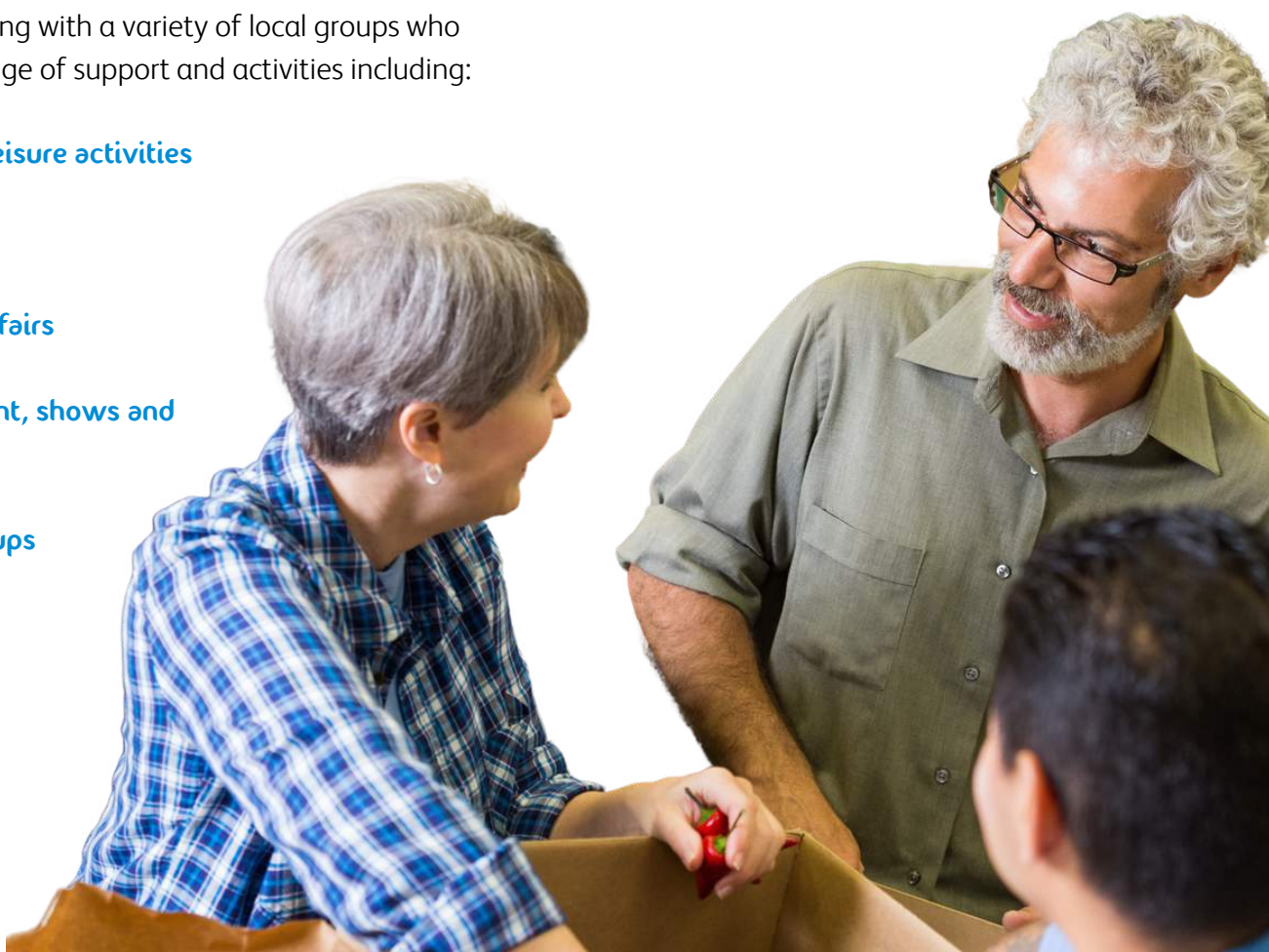
#### Entertainment, shows and events

#### Worship groups

#### Food Bank

Our community centre Café offers a warm space and friendly environment for people to meet and share a coffee and a snack. The café also provides volunteer opportunities for people wanting to learn new skills or give something back to the community. We are always looking for groups and individuals that can offer something new to the community or just need a space for an event or meeting!

**To enquire about hiring a room at Plungington Community Centre, you can contact the centre directly on 01772 827840 or complete our online contact form [www.caritascare.org.uk](http://www.caritascare.org.uk)**





## Vincent House for the Homeless

### Providing accommodation and support for the homeless in Blackpool.

Set in Blackpool, Vincent House provides accommodation and support to men and women who find themselves homeless.

We believe that everyone should have a home to call their own, and the chance to make a better life. We provide emergency and supported accommodation to give people the support they need to regain their independence and to take responsible steps towards integrating into the community.

Vincent House offers:

Supported accommodation for people aged 18-65

An emergency unit for people aged over 25

Assistance with money advice and benefits.

Resettlement and tenancy advice

Life-skills development and team work

Community engagement and volunteering

Employment pathways

Craft, sport and leisure activities

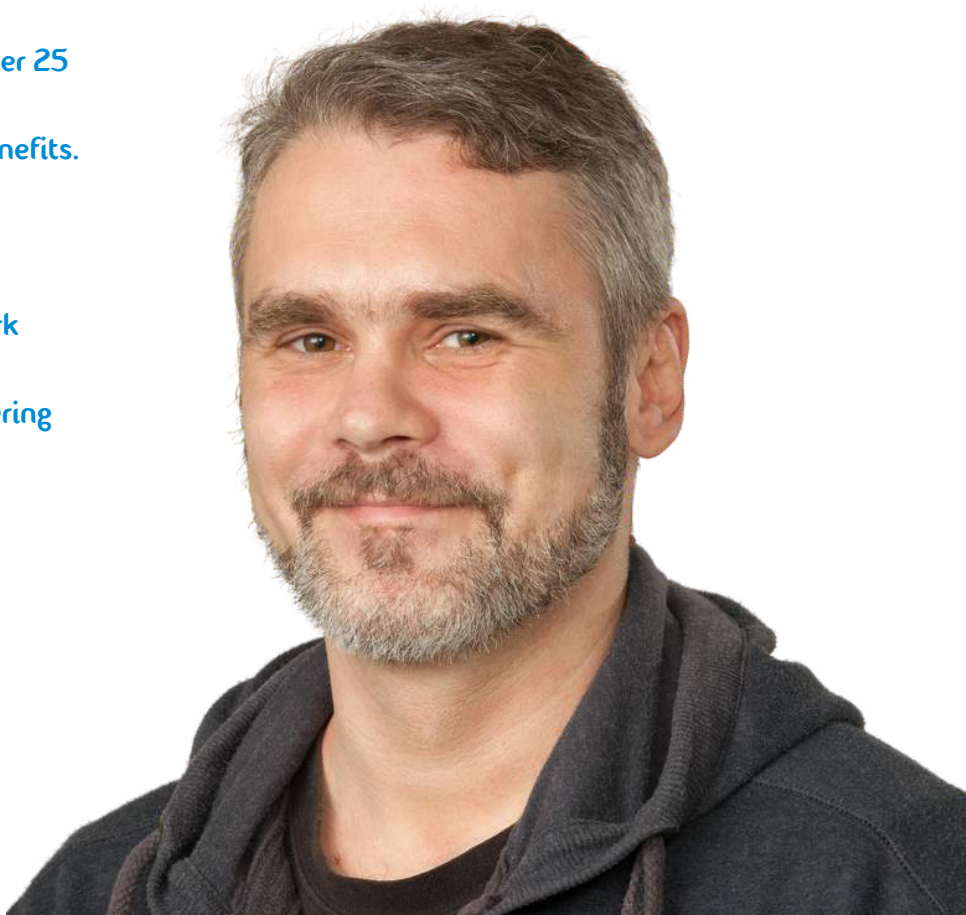
Everyone who comes to Vincent House is given the positive encouragement and personalised support they need to help them to make a better future and move on successfully into their own homes.

“

**My mental health has improved greatly since moving into Vincent House 5 months ago and, for the first time in a very long time, I felt able to concentrate on drawing again!**

”

Resident





| Support us



## Fundraising & Donations

Caritas Care is registered with the Fundraising Regulator, this is an independent body which sets and maintains the standards for charitable fundraising in England, Wales, and Northern Ireland.

We are committed to the Fundraising Promise and to treating our donors with respect, fairness, honesty, and clarity in all of our fundraising activities. We will keep our fundraising practices under review and we will work with others to continuously improve our practice.

### Organise an Event

Simple challenges can raise as much money as some events that take a lot of organisation, resources and costs. There is no point organising a big event if no one turns up, or successfully completing a challenge with no sponsors. Talk things through with your colleagues, family or friends – its surprising how many people will offer to support you and get involved!

### Individual Challenges

For the more ambitious and adventurous, you may want to set yourself a personal challenge. This could be:

A 10k run or even a marathon

Cycling

A skydive

Walking/Trekking

3 Peaks Challenge or maybe conquering Mount Everest or Kilimanjaro!

**The choice is yours...**

### Corporate Sponsorship

Caritas Care always welcomes the opportunity to work with businesses large or small who want to support their local community.

There are many activities that businesses can do to raise money for their chosen cause without any disruption or cost to the organisation, such as: Dress down days; Bake sales; Giving something up for a day; Sponsored activities

If your organisation wants to work with Caritas Care as their 'Charity of the year' please call us on **01772 732313** to discuss how we can support you with events and press coverage.

### Make a Donation

There are many ways you can make a donation to us. You can set up regular or one off donations via our Website to **Just Giving**.

You can also donate whilst online shopping, we are registered with the following sites which allow you to choose Caritas Care as your charity to give to with your purchase at no additional cost to yourselves. Simply click on one of the following icons from our website and continue to shop as normal:

Ebay

Easy Fundraising

### Leaving a Legacy

Some people choose to leave money to their chosen charity through legacies. We appreciate that this can be a difficult subject for you or your family to broach. Caritas Care will always respect your wishes and treat each family with dignity and compassion.

Contact us today on:

**01772 732313**

for an informal chat or visit our website

**caritascare.org.uk**



**CaritasCare**

*Making lives better*

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